

## Appendix 1 – Summary of Applications

Organisation	Project	Request 2022/23	Request 2023/24
<b>Advice &amp; Advocacy</b>			
<b>Reach Community Projects, Newmarket</b>	Partnership working with Newmarket Open Door and The Voluntary Network, to extend our debt and welfare advice work to other parts of West Suffolk that are also requesting our help.	<b>£10,000</b>	<b>£10,000</b>
<b>West Suffolk Citizens Advice, West Suffolk</b>	Provision of information, advice and advocacy across the West Suffolk area, including financial capability work in the wider community.	<b>£260,000</b>	<b>£0</b>
<b>Arts, Sports and Young People</b>			
<b>Abbey 1000, West Suffolk</b>	Walking With Words - West Suffolk (WS) wide wellbeing, walking and text-based art project for Abbey1000. Builds on successful AAT 2021 pizza box community art event.	<b>£7,418</b>	<b>£0</b>
<b>Abbeycroft Leisure, West Suffolk</b>	Funding to further develop the Family Park Cooking (FPC) project. We look to engage with even more families by running our sessions during term time.	<b>£32,177</b>	<b>£0</b>

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<b>All Saints Under Fives Pre School, Newmarket</b>	Funding to provide opportunities outdoors to support the children's interests in nature by creating a garden area to include vegetables, sensory plants and to encourage wildlife.	<b>£2,000</b>	<b>£2,000</b>
<b>Brandon Creative Forum, Brandon</b>	Purchase of materials for a woodland set performance area in Brandon Country Park thereby enabling visiting artists to be allowed to entertain the visitors either through dramatic performances music or storytelling	<b>£1,300</b>	<b>£0</b>
<b>Bury Christian Youth, Bury St Edmunds</b>	Funding required to a run programme called 'Kintsugi Hope wellbeing groups', so far this has been in just 1 school, but we want to expand this to many others.	<b>£6,605</b>	<b>£6,605</b>
<b>Cavendish Bowls Club, Cavendish</b>	Provision of a new, replacement Clubhouse to include disabled access and toilet facilities together with changing rooms.	<b>£20,000</b>	<b>£0</b>
<b>Clare Swimming Club, Clare</b>	Funding of capital project to improve Clare Swimming pool to include – Winter Pool cover, erect permanent shelter for volunteers, changing rooms for swimmers and install fencing around pool.	<b>£ 16,500</b>	<b>£0</b>
<b>Dance East, West Suffolk</b>	Funding required to establish a West Suffolk Movers Group: a programme of regular dance classes for the over 55's. Funds will help with initial set-up costs i.e. fees, recruitment, training, marketing & promotion, evaluation.	<b>£2,925</b>	<b>£0</b>
<b>Mildenhall Girl Guides, Mildenhall</b>	We would like to put on a fun day for Guiding and Scouting groups, youth organisations and community groups in Forest Heath and Bury St Edmunds.	<b>£ 3,500</b>	<b>£0</b>
<b>Mildenhall and District Sea Cadets, Mildenhall</b>	Due to the amalgamation of Newmarket Sea Cadets into the Mildenhall Unit it is necessary to increase the training space available and to upgrade the Heads and Galley, (toilets and kitchen) to cope with the increase in cadet numbers.	<b>£18,480</b>	<b>£0</b>

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<b>Moreton Hall Youth Action Group, Bury St Edmunds</b>	Enterprise Centre - To deliver and evidence a programme for 20 pre identify young people. 24 weeks delivering skills learning, enterprise and work experience opportunities.	<b>£12,520</b>	<b>£0</b>
<b>St Peter's Church, Brandon</b>	Funding to support a group of year 6 to year 11 children and offers them a safe alternative space to hang out together away from the dangers that come with being on the streets.	<b>£ 3,420</b>	<b>£0</b>
<b>Suffolk Young People's Health Project, West Suffolk</b>	4YP would like this funding to continue to develop its supportive services within schools. Providing youth work 1:1 and counselling sessions to young people within the school setting.	<b>£12,710</b>	<b>£0</b>
<b>Community Activities</b>			
<b>Brandon in Bloom, Brandon</b>	Funding required to enter the 2022 Anglia in Bloom competition and maintain our gold winning record. Part of the funds will be used for the costs of entering the competition including portfolio, hosting the judges, and attending seminars and award ceremonies.	<b>£4,000</b>	<b>£0</b>
<b>Greener Growth CIC, West Suffolk</b>	This application is to help support our organisation to build the capacity of our Volunteer Coordination (VC) posts as a result of the success and increased demand following this position after the Covid pandemic.	<b>£8,490</b>	<b>£0</b>
<b>Haverhill Community Trust - Volunteer Centre, Haverhill</b>	Funding is requested to build on the success of the initial opening of the Volunteer Centre during the pandemic and to further develop and expand the service in Haverhill and surrounds.	<b>£15,057</b>	<b>£0</b>

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<b>Suffolk Accident and Rescue Service (SARS), West Suffolk</b>	Funding will support our training; equipment and the core charity costs which support SARS resources that are active in the West Suffolk area. We are likely to respond to over hundred and twenty incidents in West Suffolk over the course of the year.	<b>£10,000</b>	<b>£10,000</b>
<b>SOS Bus CIO, Newmarket</b>	Funding is required for repairs and maintenance of the bus, including MOT testing and any issues found. This would allow the bus to become active and be useful in the community.	<b>£6,240</b>	<b>£6,240</b>
<b>The Tree Action Society of Clare (TASC), Clare</b>	Developing a large plot of land renewable every seven years for the purpose of tree propagation using locally sourced materials.	<b>£4,000</b>	<b>£0</b>
<b>West Suffolk Hive CIC, West Suffolk</b>	Funding request is to cover training and expenses for volunteers, to buy equipment for the support sessions (baby mats, toys, to stock a small library of relevant books and to create a directory of useful contacts and support) and to enable us to run the baby fairs. Project aligns to support the ethos of Social Prescribing.	<b>£5,980</b>	<b>£0</b>
<b>Community Buildings</b>			
<b>Beck Row Methodist Church, Beck Row</b>	Capital project to remove three redundant chimneys from the roof and make good the roof tiles.	<b>£8,410</b>	<b>£0</b>
<b>Honington and Sapiston Village Hall, Honington &amp; Sapiston</b>	To improve the communication within the villages by developing a newsletter in an easy to read, accessible format which engages and involves the local residents of all ages.	<b>£2,400</b>	<b>£0</b>
<b>Lidgate Village Hall, Lidgate</b>	Capital works to improve ventilation under the wooden floor in the main hall to prevent rot and sanding and re-staining the floor, finally the whole hall would benefit from internal redecoration throughout.	<b>£12,354</b>	<b>£0</b>

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<b>Suffolk Building Preservation Trust Ltd, Pakenham</b>	Seeking funding to erect a 'Snack Shack' in the courtyard of the barn at Pakenham Water Mill to provide an outdoor seating area for visitors.	<b>£2,570</b>	<b>£0</b>
<b>Counselling, Specialist Services</b>			
<b>Alumah CIO, Brandon, Mildenhall, Newmarket</b>	Funding to be able to continue to offer our support groups, counselling, and signposting to specialist services, that aim to reduce the stigma of abuse and improve access to effective help for survivors.	<b>£25,000</b>	<b>£25,000</b>
<b>Bury Women's Aid, West Suffolk</b>	Working in conjunction with Haverhill Town Council and others working locally in Haverhill, it is proposed to deliver the Freedom Programme, provide a weekly coffee morning, provide creche facilities and run a Stronger Families Programme.	<b>£16,225</b>	<b>£0</b>
<b>Freedom Bury St Edmunds CIC, Bury St Edmunds</b>	Funding to continue to offer the Freedom Programme, to continue training and to cover costs incurred to facilitate it i.e. room hire, zoom subscriptions, books and resources for attendees, online course log in subscriptions, refreshments, stationary.	<b>£2,500</b>	<b>£2,500</b>
<b>Hope after Suicide Loss (HOPE), West Suffolk</b>	Funding to provide access to our services, where survivors are able to begin to understand their grief and trauma.	<b>£14,174</b>	<b>£14,984</b>
<b>Relate, West Suffolk</b>	We would like to ask for support of our bursary fund across West Suffolk. This would allow us to provide free counselling sessions to those who are disadvantaged and cannot pay.	<b>£11,250</b>	<b>£0</b>

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<b>Room 4, Haverhill</b>	To fund a pilot a therapeutic support group for parents of children and young people who have experienced trauma, to offer support in parenting, understanding the impact of ACES and Trauma.	<b>£7,383</b>	<b>£0</b>
<b>Suffolk Rape Crisis, West Suffolk</b>	This funding will support the SRC counselling service in West Suffolk. The counselling service supports women and girls (14 and over) who have experienced any form of sexual violence or abuse.	<b>£7,000</b>	<b>£7,000</b>
<b>Family Support</b>			
<b>Befriending Scheme, Haverhill</b>	Funding to continue a Cookery skills group in Haverhill, every Wednesday 10am-3pm. The focus of the group is teaching basic cooking skills to vulnerable adults with learning disabilities.	<b>£10,543</b>	<b>£0</b>
<b>Homestart in Suffolk, West Suffolk</b>	We would work to recruit extra volunteers to support the West Suffolk community; in general, a trained volunteer would then be available to work with a family, addressing those needs identified and agreed by the family and professionals.	<b>£10,000</b>	<b>£0</b>
<b>Homestart Mid &amp; West Suffolk, West Suffolk</b>	We are asking you for funding for Our Big Hopes Big Future project for pre-school children (18-months to 5 years old) experiencing disadvantages.	<b>£15,000</b>	<b>£0</b>
<b>Restitute CIC, West Suffolk</b>	Funding to enhance practical assistance to support families who have a loved one (often a child or young adult) who has survived sexual abuse or violence.	<b>£8,000</b>	<b>£8,000</b>

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<b>Sharing Parenting – Community Outreach, Newmarket</b>	Community Outreach Worker addressing the needs of vulnerable, isolated parents focusing on mental health, preventative, early intervention work avoiding escalation of family crisis.	<b>£18,632</b>	<b>£0</b>
<b>Sharing Parenting – SEN Worker, West Suffolk</b>	We would like funding for a SEN project worker building and developing groups in Brandon, Lakenheath, Mildenhall, Newmarket expanding to Bury. Focusing on prevention, working in the primary years.	<b>£23,434</b>	<b>£0</b>
<b>Still Good Food CIO, Bury St Edmunds</b>	We are requesting funding for 3 part time salaries totalling 35 hours a week. Due to continued growth the need for a dedicated Volunteer Coordinator & dedicated Stock Manager, along with a Project Coordinator has become clear.	<b>£15,000</b>	<b>£0</b>
<b>Suffolk Family Carers, West Suffolk</b>	We want to work in an Asset Based Community Development (ABCD) way and develop the social prescribing concept with young adult carers aged 14-25. Project aligns to support the ethos of Social Prescribing.	<b>£23,702</b>	<b>£23,008</b>
<b>Health &amp; Wellbeing</b>			
<b>Art Branches CIC, West Suffolk</b>	To provide a wellbeing creative service that can be accessed by adults, accessible by prescription and referrals from link workers, social prescribers and sheltered housing for adults with severe and moderate mental health issues. Project aligns to support the ethos of Social Prescribing.	<b>£10,776</b>	<b>£0</b>

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<b>Memories are Golden CIO, Haverhill</b>	Funding to support our Community Hub, which provides a safe space to socialise, build friendships as well as providing meaningful activities, entertainment and events, to improve wellbeing, and reduce social isolation.	<b>£14,463</b>	<b>£0</b>
<b>Millennium Farm Trust, West Suffolk</b>	Growing Together Project prompts positive, nurturing inclusive activities on the farm which foster people's social skills, build's confidence, self-esteem and ultimately develops social capital, enabling people to be better equipped to re-enter mainstream community activities. Project aligns to support the ethos of Social Prescribing.	<b>£7,500</b>	<b>£0</b>
<b>St Nicholas Hospice Trust, West Suffolk</b>	Funding to support unpaid carers to look after their loved ones at home when they are at end of life. Our Healthcare Assistants will go to patients' homes to coach family members to develop caring skills. Support to cover teaching practical skills such as how to manage mouthcare at end of life or how to safely turn a patient in bed.	<b>£20,000</b>	<b>£20,000</b>
<b>Steel Bones, West Suffolk</b>	This grant will enable us to support and empower an additional 50 amputee families living in West Suffolk. These will be the most vulnerable and isolated amputee families living locally.	<b>£5,500</b>	<b>£0</b>
<b>Suffolk Mind, West Suffolk</b>	We would like to be able to off three Mum's Matter courses free of charge to the residents of Bury St. Edmunds. Its aim is supporting pregnant women and new mums to access information, tools and techniques to improve levels of depression and anxiety and improve overall mental wellbeing.	<b>£14,316</b>	<b>£0</b>



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<b>The Shed, West Row</b>	The project is designed to promote health and well-being and help prevent social isolation Landscape management, cultivation and restoration of buildings. The aim is to encourage socialisation and nurture interests which then lead to building confidence and social skills.	<b>£11,660</b>	<b>£0</b>
<b>Support Groups and Support Services</b>			
<b>Bury Drop In, Bury St Edmunds</b>	Bury Drop needs to employ the communications and volunteer manager on a full-time basis.	<b>£37,655</b>	<b>£0</b>
<b>Gatehouse Caring, Bury St Edmunds</b>	<p>Funding to support The Community Hub providing services to those isolated, elderly and/ or living with mental health conditions.</p> <p>Funding support for Homestore which gives donated household effects to those in need and also sells to the general public to provide funding for the Charity</p>	<b>£35,000</b>	<b>£35,000</b>
<b>Lightwave CIO, Red Lodge &amp; Beck Row</b>	Our project aims to reduce isolation among vulnerable people in rural communities in the Red Lodge and Beck Row together with surrounding villages. We will provide food parcels (including basic toiletries) to those isolated and those recently unemployed.	<b>£18,000</b>	<b>£0</b>
<b>Our Special Friends, West Suffolk</b>	We are therefore seeking funding towards the salary and on-costs of OSF's Volunteer Support Manager (VSM) to enable this vital facet of OSF's work.	<b>£20,000</b>	<b>£20,000</b>

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<b>St John's Church, Beck Row</b>	To provide lunches and activities for various groups within the community. Lunch Clubs and Coffee Mornings for the elderly and families with special needs. Weekly Carer and child play sessions and Board Games Club for the elderly.	<b>£3,000</b>	<b>£3,000</b>
<b>The Voluntary Network, West Suffolk</b>	To provide, maintain and develop Community Transport and Befriending Services across West Suffolk. Project supports Social Prescribing.	<b>£25,330</b>	<b>£27,300</b>
<b>Wood Monkey CIC, West Suffolk</b>	Wood Monkey Workshops are providing support services to West Suffolk's PRUs through the provision of practical skills workshops for 'excluded' or 'disadvantaged' children.	<b>£25,000</b>	<b>£0</b>
<b>Arts, Sports and Young People</b>			
<b>Newmarket Community Arts Centre Community Forum</b>	Newmarket Community Arts Centre Community Forum strive to make the arts available for everyone in Newmarket regardless of race, employment or income level. We hope to achieve this by creating inclusive programs that empower even the most underrepresented in society by offering classes for all ages, exhibitions and an active outreach program.	<b>£13,829.78</b>	<b>£13,829.78</b>